

New Programs Follow-up Report

Institution Submitting Request: University of Utah
Program Title: Health Minor
School or Division or Location: College of Health
Department(s) or Area(s) Location: Department of Health Promotion and Education
Recommended Classification of Instructional Programs (CIP) Code¹: 34.0199
Board of Regents' Approval Date: 09/08/2009

Proposal Type (check all that apply):

R401-4	
<i>Items submitted will be reviewed by OCHE and posted on a website for PRC member review. If there are any issues, the proposal will be returned for clarification/correction. If no issues, the proposal will be returned with a note of approval and the request will be placed on the General Consent Calendar of the next Regents' agenda.</i>	
Section #	Item
4.1.10	<input checked="" type="checkbox"/> Three-Year Follow-Up Report of Recently Approved Programs
4.3.3	<input type="checkbox"/> Two-year Follow-up Report of Fast-tracked Certificate

Chief Academic Officer (or Designee) Signature:

I certify that all required institutional approvals have been obtained prior to submitting this request to the Office of the Commissioner.



Signature

Date: MM/DD/YEAR

Printed Name: *Name of CAO or Designee*

¹ CIP codes must be recommended by the submitting institution. For CIP code classifications, please see <http://nces.ed.gov/ipeds/cipcode/Default.aspx?y=55>.

Program							
Total Number of Program Graduates	X						
Departmental Revenue		Est.	Actual	Est.	Actual	Est.	Actual
Total Revenue to Department (Total of Funding Categories from R401 Budget Projection Table)			\$11,340		\$31,500		\$26,460
Departmental Instructional Cost per Student Credit Hour (per Institutional Cost Study Definition)		X		X		X	

Institutional Analysis of Program to Date

The Health Minor has proven to be a popular minor, as shown with the increase in numbers of students enrolled in the minor since it was implemented in 2009. In 2009, the minor had nine students enrolled generating \$11,340 in growth funding. In 2010, this number grew to 25 students generating \$31,500 in growth funding. In 2011, the minor had 21 students generating \$26,460 in growth funding. Currently, as of fall 2012, the minor has 27 students enrolled. To date, the Health Minor has enrolled 82 students.

A real strength of the Health Minor is that it takes advantage of faculty and coursework infrastructure already in place to meet the needs of students interested in health. No new courses were developed for the minor, and no additional class sections or instructors are needed, so there is minimal cost to provide the minor.

The courses combine content as well as skill-based courses. The content courses range from Community Health Issues, which introduces the student to the various health issues in various communities, to Living with Chronic Disease which focuses on the prevalent chronic diseases and how the patient, caregiver, and loved ones deal with challenges that accompany living with a chronic disease. The skill-based courses focus on outcome processes. These courses include Healthy Lifestyles, Stress Management, and Patient Education.

There are no issues or problems with the Health Minor. It is an asset to our already popular undergraduate program.

Employment Information

A minor in Health serves many purposes for the students, including enhancing their personal health knowledge and well-being, as well as promoting the awareness of preventative health in the community and workplace. Most of the undergraduate

students who graduate with the Health Minor come from other degree programs, primarily Exercise and Sports Science, Parks, Recreation and Tourism, Family and Consumer Studies, Psychology, Anthropology, Sociology, Political Science, and Communication. The Health Minor provides valuable knowledge and skills for these students in their personal and professional life.