

**Institution Submitting Request:** University of Utah  
**Proposed Title:** Kinesiology  
**Currently Approved Title:** Exercise and Sport Science  
**School or Division or Location:** College of Health  
**Department(s) or Area(s) Location:** Department of Exercise and Sport Science  
**Recommended Classification of Instructional Programs (CIP) Code<sup>1</sup> (for new programs):** 31.0505  
**Current Classification of Instructional Programs (CIP) Code (for existing programs):** 31.0505  
**Proposed Beginning Date (for new programs):** Fall 2016  
**Institutional Board of Trustees' Approval Date:**

**Proposal Type (check all that apply):**

Regents' General Consent Calendar Items	
R401-5 OCHE Review and Recommendation; Approval on General Consent Calendar	
SECTION NO.	ITEM
5.1.1	Minor*
5.1.2	Emphasis*
5.2.1 <input type="checkbox"/>	(CER P) Certificate of Proficiency*
5.2.3 <input type="checkbox"/>	(GCR) Graduate Certificate*
5.4.1 <input type="checkbox"/>	<input type="checkbox"/> New Administrative Unit
	<input type="checkbox"/> Administrative Unit Transfer
	<input type="checkbox"/> Administrative Unit Restructure <b>Cover/Signature Page - Abbreviated Template/Abbreviated Template with Curriculum</b>
	<input type="checkbox"/> Administrative Unit Consolidation
5.4.2 <input type="checkbox"/>	Conditional Three-Year Approval for New Centers, Institutes, or Bureaus
5.4.3 <input type="checkbox"/>	<input type="checkbox"/> New Center
	<input type="checkbox"/> New Institute
	<input type="checkbox"/> New Bureau
5.5.1 <input type="checkbox"/>	Out-of-Service Area Delivery of Programs
5.5.2 <input type="checkbox"/>	<input type="checkbox"/> Program Transfer
	<input type="checkbox"/> Program Restructure
	<input type="checkbox"/> Program Consolidation
5.5.3 <input checked="" type="checkbox"/>	Name Change of Existing Programs
5.5.4 <input type="checkbox"/>	<input type="checkbox"/> Program Discontinuation
	<input type="checkbox"/> Program Suspension
5.5.5 <input type="checkbox"/>	<input type="checkbox"/> Reinstatement of Previously Suspended Program
	<input type="checkbox"/> Reinstatement of Previously Suspended Administrative Unit

\*Requires "Section V: Program Curriculum" of Abbreviated Template

**Chief Academic Officer (or Designee) Signature:**

I certify that all required institutional approvals have been obtained prior to submitting this request to the Office of the Commissioner.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date:

Printed Name: Ruth V. Watkins, Senior Vice President for Academic Affairs

<sup>1</sup> CIP codes must be recommended by the submitting institution. For CIP code classifications, please see <http://nces.ed.gov/ipeds/cipcode/Default.aspx?y=55>.

**Program Request - Abbreviated Template**  
**University of Utah**  
**Renaming Exercise and Sport Science Degrees to Kinesiology**  
**11/3/2015**

**Section I: Request**

This document requests a name change for the BS, MS, MPhil, and PhD degrees in the Department of Exercise and Sport Science in the College of Health to the same degrees in Kinesiology in the new Department of Health, Kinesiology, and Recreation (HKR). The new Department (HKR) has been previously described and approved in the realignment proposal for the College of Health, which was approved in July 2015.

No curricular components have been changed for any of the degrees. This is an administrative name change and the faculty and staff of the Department have actively contributed to and fully support this request.

As of Fall 2016, students currently enrolled in any degree in Exercise and Sport Science will be "grandfathered" for a period of five years. During that time, they may elect to operate under their current catalog in Exercise and Sport Science through degree completion or they may elect the new Kinesiology designation.

**Section II: Need**

This proposed name change for the BS, MS, MPhil, and PhD degrees reflects a national trend among departments in higher education that focus on the study of human movement. The American Kinesiology Academy (AKA) defines kinesiology as "the academic discipline which involves the study of physical activity and its impact on health, society, and quality of life" ([www.AmericanKinesiology.org](http://www.AmericanKinesiology.org)). This definition aptly fits our curricula and the scholarly and professional pursuits of our faculty, and we use the AKA's guidelines to inform our curricular structure. The Department is one of 140 higher education members of the AKA, and is also one of only a few other members that currently does not include Kinesiology in its name. Lastly, doctoral programs in our discipline, including the program at the University of Utah, are evaluated and rated by the National Academy of Kinesiology (NAK), which "...encourages and promotes the study and educational applications of the art and science of human movement and physical activity...." (<http://www.nationalacademyofkinesiology.org/about-nak/about-nak>). Therefore, adopting the name of Kinesiology makes sound programmatic sense and also is in alignment with other research-intensive universities with programs that focus on the study of human movement.

**Section III: Institutional Impact**

It is anticipated that this name change may facilitate the recruitment of new students to the University of Utah who are interested in kinesiology at all degree levels. Similarly, it may support the recruitment of faculty.

## **Section IV: Finances**

Since these are name changes of existing degrees, no impact on the Department or other programs or units within the institution is anticipated.

## **Section V: Program Curriculum**

Not applicable for this request.

## **Faculty Consultation**

In September 2014, the Dean of the College of Health appointed a Realignment Task Force comprised of junior and senior tenure-line and career-line faculty, representing each of the seven Departments/Divisions in the College. The Task Force met every other week throughout the fall semester. During the process, Task Force members communicated with their own faculty to gather input. Initially, the work focused on research of peer institutions nationally to gain insight into varied organizational structures. Examples of peer institutions reviewed included, but were not limited to: Arizona State University, Boston University, Ohio State University, Penn State, Purdue University, Texas A&M University, the University of Delaware, and the University of Florida. As a supplement to this research, information regarding the statistics for each current College of Health Department/Division in terms of SCH production, numbers of faculty, faculty to student ratios, and research expenditures were gathered and shared with the Task Force. Based on this research, five models were created and discussed. Subsequent discussions centered on characterizing the relative merits of the different models in comparison to our existing structure and in their ability to meet the objectives outlined above. The culmination of the Committee's work was the College of Health Realignment Task Force Final Report. Changing the name of the degrees from Exercise and Sport Science to Kinesiology was a recommendation in the Task Force Report.

## **College Review**

A College of Health Faculty and Staff meeting was held on December 17, 2014 to discuss the Realignment Task Force Final Report. In addition, the College of Health Council, comprised of faculty, staff, and students, met on January 23, 2015 to discuss the report. The Dean of the College also met with the Dean's Student Advisory Council, which included undergraduate and graduate students from each Department/Division, on January 23, 2015 to solicit student feedback and recommendations relative to the Report. Ongoing conversations regarding the realignment process with the Dean and the Dean's Advisory Council continued throughout the fall and spring semesters. Finally, the Dean hosted meetings in February 2015 that brought together faculty and staff in the proposed Departments. This meeting addressed the resources that would be crucial to the success of the program transfer. In addition, the Dean convened a meeting of all of the staff in the College to ensure an opportunity for input. All meetings were facilitated by Mary Anne Berzins, Assistant Vice President, Human Resources.

Faculty responses to the name change have been generally positive. There is excitement about increased opportunities for collaboration around research and teaching, inter-professional education, and educational and administrative efficiencies. The staff proposed a number of potential ideas for

administrative realignment. Students were consulted and their feedback was incorporated into the final proposals. There have not been substantive concerns expressed relative to fair treatment of students, staff, or faculty.

#### **66% by 2020**

The name change of the degrees in the Department of Exercise and Sport Science to Kinesiology reflects changes in the field and will provide increased philosophical consistency with and visibility within professional associations. This should, in turn, create greater appeal for and easier access to educational programs that focus on health and well-being.



UNIVERSITY OF UTAH  
COLLEGE OF HEALTH

November 3, 2015

To Whom It May Concern:

As the College of Health moves forward with the process of realignment, I understand that some curricular changes are proposed in order to create synergies among newly formed units. At the same time, other changes appropriate to the process may also be proposed. One of those changes is the renaming of the BS, MS, MPhil, and PhD degrees in Exercise and Sport Science to BS, MS, MPhil, and PhD degrees in **Kinesiology** in the College of Health at the University of Utah.

I understand that this name change is reflected in the soon to be formed Department of Health, Kinesiology and Recreation (HKR), for which a national Chair search is being conducted.

Currently, the Department of Exercise and Sport Science at the University of Utah is one of only a few departments across the nation that focuses on the "study of physical activity and its impact on health, society, and quality of life" ([www.AmericanKinesiology.org](http://www.AmericanKinesiology.org)) that has not changed its name to Kinesiology. Therefore, this is an opportune time to change the name of our unit to reflect the national trend among other like departments in higher education that study human movement. Our Department is already a member of the American Kinesiology Association, which provides us guidance on curricular matters and keeps us up to date on the field. Further, our doctoral program is regularly evaluated and rated by the National Academy of Kinesiology (most recently in the past year), a practice we consider essential.

I enthusiastically support the change in name from Exercise and Sport Science to Kinesiology, as this will provide us with greater visibility and alignment with others in the field of human movement, and reflect forward progress in the realignment of the College of Health.

Please do not hesitate to contact me if I can provide additional information that may assist you as you consider this important academic proposal.

Sincerely,

A handwritten signature in black ink, appearing to read 'Janet M. Shaw', with a long horizontal flourish extending to the right.

Janet M. Shaw, PhD  
Associate Professor and Chair

Department of Exercise and Sport Science  
250 S. 1850 E. RM 241  
Salt Lake City, Utah 84112  
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COMMUNICATION SCIENCES  
AND DISORDERS

EXERCISE AND  
SPORT SCIENCE

HEALTH PROMOTION  
AND EDUCATION

NUTRITION

OCCUPATIONAL THERAPY

PARKS, RECREATION  
AND TOURISM

PHYSICAL THERAPY

November 3, 2015

To Whom It May Concern:

With this letter, I convey my full endorsement for the renaming of the BS, MS, MPhil, and PhD degrees in Exercise and Sport Science to BS, MS, MPhil, and PhD degrees in Kinesiology in the College of Health at the University of Utah.

A primary purpose of the recent realignment of the College of Health from 7 departments and divisions to 5 departments was the creation of a department – the Department of Health, Kinesiology, and Recreation (HKR) – to prepare students in these fields of study while recognizing and capitalizing on the significant inter-relationships between them. We are currently conducting a national search for a Chair of HKR.

With respect to Kinesiology, this name change reflects a national trend among departments in higher education that focus on the study of human movement. The American Kinesiology Academy (AKA) defines kinesiology as “the academic discipline which involves the study of physical activity and its impact on health, society, and quality of life”

([www.AmericanKinesiology.org](http://www.AmericanKinesiology.org)). This definition aptly fits our curricula and the scholarly and professional pursuits of our faculty, and we use the AKA’s guidelines to inform our curricular structure. The Department of ESS is one of 140 higher education members of the AKA, and is also one of only a few other members that does not include Kinesiology in its name.

Additionally, the National Research Council recognizes Kinesiology but not Exercise and Sport Science as a discipline. Lastly, doctoral programs in our discipline, including the program at the University of Utah, are evaluated and rated by the National Academy of Kinesiology (NAK), which “...encourages and promotes the study and educational applications of the art and science of human movement and physical activity....”

(<http://www.nationalacademyofkinesiology.org/about-nak/about-nak>). Therefore, adopting the name of Kinesiology makes sound programmatic sense and also is in alignment with other research-intensive universities.

I would be pleased to provide any additional information or justification in support of the renaming of the degrees in Kinesiology. Thank you for your consideration of this important academic program proposal.

Sincerely,

David H. Perrin, PhD  
Dean and Professor

# Degree/Departmental Name Changes

**Instructions:** This list is required information, for internal purposes, that must be submitted with your proposal. Pick the section that best describes the changes/additions being made. If you have any questions please contact Ed Barbanell at [edward.barbanell@utah.edu](mailto:edward.barbanell@utah.edu) or 585-6423.

## Degree Name Changes:

Include the following items if the degree name is changing:

Old Degree Name BS, MS, MPhil, and PhD Exercise and Sport Science (ESS)

New Degree Name BS, MS, MPhil, and PhD Kinesiology (KINES)

e.g., MS Family Ecology is now MS Human Development and Social Policy

First Semester Effective Fall 2016

e.g., Fall 2012

Will any degrees awarded be grandfathered under the original degree name? ☒ Yes ☐ No

How long? 5 years

## Department Name Changes:

Include the following items if the department name is changing:

Old Department Name Exercise and Sport Science

New Department Name Kinesiology

New Subject Code (if applicable) KINES

Old Degree Name 1 BS Exercise and Sport Science

New Degree Name 1 BS Kinesiology

Old Degree Name 2 MS and MPhil Exercise and Sport Science

New Degree Name 2 MS and MPhil Kinesiology

Old Degree Name 3 PhD Exercise and Sport Science

New Degree Name 3 PhD Kinesiology

e.g., MS Meteorology is now MS Atmospheric Sciences

First Semester Effective Fall 2016

e.g., Fall 2012

Will any degrees awarded be grandfathered under the original degree name? ☒ Yes ☐ No

How long? 5 years