

Section I: Action

The Department of Health Promotion and Education (HPE) at the University of Utah proposes that the following emphasis areas be entered on BS in Health Promotion and Education transcripts:

- Community Health Education
- Emergency Medical Services
- Consumer Health
- Provider Health
- School Health Teaching

Students enter the HPE degree program with approximately 60 credits, or at junior status. During the first semester, all HPE students, regardless of emphasis, are required to take a common set of core courses: H EDU 4200 Foundations of Health Education, and H EDU 4300 Introduction to Research and Assessment. Four prerequisite courses are required for these core courses: H EDU 1010- Healthy Lifestyles, H EDU 3050- Community Health Issues, MATH 1040/1070- Statistics, and WRTG 2010- Intermediate Writing. In H EDU 4200, Foundations of Health Education, students explore basic community health promotion and education principles, founding health promotion and behavior change theories, and various areas of practice. In H EDU 4300, Introduction to Research and Assessment, students gain knowledge and skills in general research and assessment models and techniques. The goal is for students is to gain fundamental research literacy, to navigate overall health promotion and education research and practice. As a result of their exposure to the first required courses, students choose an emphasis area. The completion of the requirements for the emphasis areas does not increase the number of hours required for the PRT major.

See Appendix for detailed programs of study for each of the proposed emphases.

Section II: Need

Listing emphasis areas on transcripts would bring recognition to the area of study. When students apply for employment or to graduate school having the specific emphasis designation on the transcript would make it easier to determine in which professional area the candidate has expertise and professional preparation.

Section III: Institutional Impact

There will be no impact to the department of institution.

Section IV: Finances

There will be no financial impact to the department of institution.

HEALTH EDUCATION COMMUNITY EMPHASIS

(Based on the requirements for Certified Health Education Specialist Credentialing)

	<u>Cr Hrs</u>	<u>Course Title</u>
<u>EMPHASIS CORE</u>		
H Edu 4200	3	Foundations of Health Education
Prereqs: H Edu 1010, 3050, and Writing 2010		
H Edu 4210	3	Program Planning I (CW)
Coreq: H Edu 4200, 4300		
H Edu 4220	3	Program Planning II (Q I)
Prereq: H Edu 4210		
H Edu 4300	3	Research and Assessment (Q I)
Prereq: Math 1070 or equivalent statistics course		
H Edu 4600	4	Practicum I
Prereq: HEdu 4220		
H Edu 4610	4	Practicum II
Prereq: H Edu 4220		
H Edu 5160	3	Health Communication
Coreq: H Edu 4220		
H Edu 5990	6	Internship/Preceptorship [Capstone]
Prereq: H Edu 4220		
<u>REQUIRED ELECTIVES</u>		
H Edu 1950	4	First Aid and Emergency Care
H Edu 2200	3	Health Assessment
Prereq: HEdu 4200, 4300, 4210		
H Edu 4180	3	Prevention Practices in Health Promotion
H Edu 4250	3	Facilitating Healthy Behavior
H Edu 5300(optional)	3	Diversity and Health (fulfills Diversity)
H Edu 5500	3	Grant Writing
<u>ELECTIVES:</u> (Minimum of 10 hours)		
H Edu 3000	3	Human Sexuality
H Edu 3030	3	Medical Terminology
H Edu 3100	3	Smoking Cessation
H Edu 3150	2	Health and Human Relations
H Edu 3190	3	Death and Dying
H Edu 3290	3	Living with Chronic Diseases
H Edu 3350	3	Eating Disorders and Body Image
H Edu 3400	3	Hlth Concerns of Women
H Edu 3700	3	Environmental Health
H Edu 4310	3	Marketing and Promotion
H Edu 4350	3	Resiliency
H Edu 4790	3	Health Service Admin
H Edu 5020	3	Transpersonal Health
H Edu 5050	3	Health Concerns in Devel. World
H Edu 5060	3	International Health Promotion
H Edu 5100	3	Health Care in the U.S.
H Edu 5370	3	Health and Optimal Aging

(Other electives can be substituted upon approval from Academic Advisor)

EMERGENCY MEDICAL SERVICES EMPHASIS

<u>CORE CLASSES</u>	<u>Cr Hr</u>	<u>Course Title</u>
H Edu 4200	3	Foundations of Health Education
Prereqs: H Edu 1010, 3050, and Writing 2010		
H Edu 4300	3	Research and Assessment (Q I)
Prereq: Math 1070 or equivalent statistics course		
H Edu 4950	3	EMS Program Planning and Eval.
Prereq: H Edu 4200, 4300		
H Edu 5990	3	Internship/Preceptorship [Capstone]
Prereq: H Edu 4950		

REQUIRED ELECTIVES

H Edu 3030	3	Medical Terminology
H Edu 3190	3	Death and Dying
H Edu 5300 (optional)	3	Diversity and Health (fulfills Diversity)
H Edu 5950	9	EMT Training
BIOL 2420	4	Human Physiology
PH TX 2700	3	Common Medicines

ELECTIVES (Must take at least one)

H Edu 3160	3	Stress Management
H Edu 3920	3	Hazardous Materials
H Edu 5160	3	Health Communications
H Edu 5800	2	Special Populations
H Edu 5800	3	Mass Casualty and WMD
H Edu 5970	5	EMT Intermediate
NUTR 4440 or 3550	4/3	Advanced Nutrition/ Healthy Weight for Life

SPECIAL INTEREST ELECTIVES (12 hrs--See Mike Ditolla for list of approved courses and advising)

- EMS Education
- EMS Management
- Wilderness Response
- Community Response /Fire Services

CONSUMER HEALTH EMPHASIS

	<u>Cr Hrs</u>	<u>Course Title</u>
<u>REQUIRED CLASSES</u>		
H Edu 2010	3	Introduction to Health Professions
H Edu 3000	3	Human Sexuality
H Edu 3020	3	Patient Education
H Edu 3160	3	Stress Management
H Edu 3290	3	Living with Chronic Diseases
H Edu 4180	3	Prevention Practices in Hlth Promotion
H Edu 4200	3	Foundations of Health Education
Prereqs: H Edu 1010, 3050, and Writing 2010		
H Edu 4300	3	Research and Assessment (Q I)
Prereq: Math 1070 or equivalent statistics course		
H Edu 4350	3	Personal Resiliency
ESSF 1098	3	Fitness for Life
NUTR 1020	3	Scientific Found of Human Nutrition
<u>ELECTIVES</u> (must take 18 hours)		
H Edu 1030	3	Substance Use & Abuse
H Edu 3030	3	Medical Terminology
H Edu 3100	3	Smoking Cessation
H Edu 3150	2	Health & Human Relations
H Edu 3190	3	Death & Dying
H Edu 3350	3	Eating Disorders & Body Image
H Edu 3400	3	Health Concerns of Women
H Edu 3700	3	Environmental Health
H Edu 4310	3	Marketing & Promotion
H Edu 4790	3	Health Service Administration
H Edu 5020	3	Transpersonal Health
H Edu 5050	3	Health Concerns in the Developing World
H Edu 5100	3	Health Care in the U.S.
H Edu 5160	3	Health Communication
H Edu 5300	3	Diversity & Health (fulfills diversity)
H Edu 5350	3	Eating Disorders: Prevention & Treatment
H Edu 5370	3	Health & Optimal Aging
FCS 1500	3	Human Development
PHTX 2700	3	Common Medicines

HEALTH EDUCATION PROVIDER EMPHASIS

(Major for pre-med or pre-dental students)

	<u>Cr Hrs</u>	<u>Course Title</u>
<u>CORE CLASSES</u>		
H Edu 4200	3	Foundations of Health Education
Prereqs: H Edu 1010, 3050, Writing 2010		
H Edu 4300	3	Research and Assessment (Q I)
Prereq: Math 1070 or equivalent stats course		
H Edu 5990	3-6	Internship/Preceptorship (Capstone)
Prereq: H Edu 4200, 4300		
<u>REQUIRED ELECTIVES</u>		
H Edu 1950	4	First Aid and Emergency Care
H Edu 4180	3	Prevention Practices in Health Promotion
H Edu 4250	3	Facilitating Healthy Behavior
H Edu 3160	3	Stress Management
H Edu 3190	3	Death and Dying
H Edu 5300	3	Diversity and Health
[fulfills Diversity--optional course]		
<u>ELECTIVES:</u> (Minimum of 17 hours)		
H Edu 3000	3	Human Sexuality
H Edu 3150	2	Health and Human Relations
H Edu 3290	3	Living with Chronic Diseases
H Edu 3400	3	Health Concerns of Women
H Edu 4790	3	Health Service Administration
H Edu 5020	3	Transpersonal Health
H Edu 5100	3	Health Care in the U.S.
Phil 3520 or 3500	3	Bioethics or Ethics

NOTE: In order to be eligible for graduation in the Provider Emphasis, students must complete Pre-Medical or Pre-Dental requirements.

HEALTH EDUCATION SCHOOL EMPHASIS

(Based on State Office of Education Standards)

<u>CORE CLASSES</u>	<u>Cr Hrs</u>	<u>Course Titles</u>
H Edu 3150	2	Health and Human Relations
H Edu 4180	3	Prevention Practices in Health Promotion
H Edu 4200	3	Foundations of Health Education
Prereqs: H Edu 1010, 3050, Writ 2010		
H Edu 4230	4	Health Teaching in Secondary Schools
Prereq: H Edu 4200		
H Edu 4250	3	Facilitating Healthy Behavior
H Edu 5300	3	Diversity and Health
(fulfills Diversity--may substitute ECS 4150 Intro to Multicultural Ed)]		
<u>REQUIRED ELECTIVES</u>		
H Edu 1950	4	First Aid and Emergency Care
H Edu 3000	3	Human Sexuality
H Edu 3160	3	Stress Management
H Edu 3700	3	Environmental Health
H Edu 4350	3	Resiliency--Personal and Independent
BIOL 2420	4	Human Physiology
NUTR 4440 or 3550	4 (3)	Nutrition Science or Healthy Weight for Life
PSY 1010	4	General Psychology

NOTE: The above program must be taken in conjunction with the requirements for Teacher Certification. Failure to do so will result in an alternative program. You must see the Department Academic Advisor if you are not planning on certifying at the University of Utah.